

Sinclair Talks!



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Student & Community
Engagement, Bldg 8-025,
(937) 512-2509

1 OVERCOMING ANXIETIES THROUGH CREATIVITY

Feb 1 @ 11 AM (bldg 2-334, Green Room)

Creative expression is a wonderful way to deal with anxiety. Join us as we put the principle into practice and make "blessing beads". All supplies and instructions will be provided to help you experience a session of calming creativity.

3 TIPS ON SPENDING YOUR TAX RETURN

Feb 6 @ 12 PM (NW Loggia, Library) or ZOOM

Now that you have your MONEY, what to do with it?! Stop by and gain some great insights on how to best spend your tax return

Meeting ID: 891 0942 7142 Passcode: 481621

5 THERAPY DOGS!

Mar 14 @ 11:30 AM (NW Loggia, Library)

Introduction to the use of therapy dogs for the support of our community. Currently therapy dogs are used to support Fire, EMS, Police and medical staff. Therapy dogs are beginning to be utilized for students in educational facilities as well. We'll discuss the different type of support dogs, including the difference between emotional support and therapy dogs. **Meet therapy dog, Charlee, a 1.5 year old chocolate lab :)**

7 MY JOURNEY WITH DYSLEXIA

Mar 25 @ 12:00 PM (Building 2-334) or ZOOM

Come and listen as Dennis Harris shares his journey with dyslexia. CEO of DYSLEXIA Speaks, Dennis has spent his life learning how to embrace life and inspire others to do the same. Dennis has been acknowledged by the Ohio House of Representatives for his work and commitment over the years, helping others with dyslexia. He has served on the Advisory Committee at Sinclair College to assist with accessibility services and worked with the youth of Dayton Public Schools. **You don't want to miss his POWERFUL story! #JoinUs!**

Meeting ID: 862 9594 6580 Passcode: 289663

10 PLAY THE COMPUTER GAME PAYBACK!

Apr 3 @ 11 AM (L03, Library)

Have time to stop by and play a game with us? You don't want to miss this fun opportunity to play the computer game **Time for Payback**, hosted by the Financial Literacy Committee. Computer stations provided. Stop by anytime between 11 AM – 12 PM

12 BREAKING FREE! A FINANCIAL LIBERATION WORKSHOP – MASTERING THE ART OF PAYING OFF STUDENT LOANS

Apr 23 @ 11:30 AM (bldg 2-334, Green Room)

Join our empowering presentation where we unveil expert strategies and practical tips to master the art of paying off student loans. Discover a roadmap to financial freedom as we guide you through the journey towards a debt-free future, unlocking the keys to your financial well-being.

2 TIPS FOR FILING TAXES

Feb 6 @ 11:30 AM (NW Loggia, Library) or ZOOM

It's tax season again! Need help filing? Stop by for some cost-saving tips!

Meeting ID: 879 8296 9793 Passcode: 723473

4 MY QUEER VALENTINE

Feb 14 @ 12:30 PM (NW Loggia, Library)

Learn from LGBTQ+ Support Liaison about healthy relationships and sexual health for LGBTQ+ folks. Open to anyone who would like to learn more about this topic.

6 BELIEVE IT. SEE IT. DO IT.

Mar 18 @ 12 PM (bldg 2-334, Green Room)

Carly Webster has learned a thing or two about the impact her ideas can have. From global social media spaces to the TEDxYouth@Dayton stage, she has put them into action & she wants to encourage you to do the same.

8 READY FOR CAREER FAIR? HANNAH CAN HELP!

Mar 27 @ 12:15 PM (NW Loggia, Library or ZOOM)

Do you need advice and tips on how to prepare your resume and/or cover letter? Perhaps, you want to know what to expect at Sinclair's 23rd Annual Career Fair? Hannah Harshman, Coordinator of Career Development, can help answer questions, provide great resources, and help open the door of success for you!

Meeting ID: 874 8446 6818 Passcode: 926912

9 LINCOLN: THE SERVANT LEADER

Apr 2 @ 12 PM (NW Loggia, Library)

The presenters, author of "Lincoln: The Servant Leader" Kim Villalva and Ohio Fellows Advisor, Tom Roberts, will share the concept of Servant Leadership and show how President Lincoln was a servant leader. Audience members will receive the book "Lincoln" The Servant Leader". *While Supplies Last.

11 SATYAGRAHA-PEACE, JOY, LOVE

Apr 4 @ 12 PM (bldg. 2-334, Green Room)

Satyagraha is a Sanskrit and Hindi word that means "holding onto truth". Mahatma Gandhi used this term to guide efforts to leverage nonviolence to overcome evil. Dr. Martin Luther King, Jr. also employed this principle to fuel the Civil Rights Movement. Join us to learn more about the principle and its practice as we conclude the 2024 Season of Nonviolence.